

# SEPTEMBER 2024

## Butte County Community School



# BREAKFAST



Fresh fruits and vegetables available

\*Menu subject to change

This institution is an equal opportunity provider



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!



### MONDAY

Labor Day

2

Transport Day  
Cereal Cup, apple  
1% White Milk or NF  
chocolate milk

9

National Stepfamily  
Day-Transport Day  
Bagel, Cream Cheese,  
orange, 1% White Milk or  
Juice

16

Transport Day  
Cereal Cup, apple  
1% White Milk or NF  
chocolate milk

23

Transport Day  
Bagel, Cream Cheese  
Orange, 1% White Milk  
or Juice

30

### TUESDAY

Transport Day  
Bagel, Cream Cheese, orange  
1% White Milk or Juice

3

Muffin  
1/2 cup strawberries  
1/2 cup fruit cup  
1% White Milk or Juice

10

Cereal Cup, 1/2 fruit cup  
1/2 cup cherry tom  
1% White Milk or NF  
chocolate milk

17

Muffin, 1/2 cup  
strawberries, 1/2 cup  
cherry tom, 1% White  
Milk or Juice

24

### WEDNESDAY

Transport Day  
French Toast, String  
Cheese, banana  
1% White Milk or Juice

4

Egg and cheese burrito  
salsa cup  
kiwi  
1% White Milk or Juice

11

Transport Day  
French Toast, String  
Cheese, banana  
1% White Milk or Juice

18

Transport Day  
egg and cheese burrito  
salsa cup, banana  
1% White Milk or Juice

25

### THURSDAY

Muffin, melon  
1% White Milk or Juice

5

Granola  
4 oz. Cup of Yogurt  
orange  
1% White Milk or Juice

12

Cereal Bar  
apple  
1% White Milk or Juice

19

Granola, 4 oz. Cup of  
Yogurt, Melon  
1% White Milk or Juice

26

### FRIDAY

Cereal WG toast and  
boiled egg, apple  
1% White Milk or Juice

6

Cereal Bar  
apple  
1% White Milk or Juice

13

Cereal WG toast and  
boiled egg, orange  
1% White Milk or Juice

20

Cereal Bar  
apple  
1% White Milk or Juice

27





Fresh fruits and vegetables available  
 \*Menu subject to change  
 This institution is an equal opportunity provider



**September is Whole Grains Month!** Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY

#### Labor Day

Transport Day  
 Cheeseburger, w/lettuce, tomato & Pickles, Oven Fries, Bananas, 1% Milk or NF Chocolate

#### National Stepfamily Day

Transport Day  
 BBQ Chicken Sandwich, Black Beans, kiwi, 1% Milk or NF Chocolat

#### Transport Day

Chili Cheese Dog, V-8 Juice, bananas, 1% Milk or NF Chocolate

#### Transport Day

Cheeseburger w/lettuce, tomato & Pickles, Oven Fries, kiwi, 1% Milk or NF Chocolate

### TUESDAY

3

Transport Day  
 Chicken Nuggets, Rice Pilaf, Broccoli, Green Salad, melon, 1% Milk or NF Chocolate

10

Chef Salad, Whole Grain Roll, Broccoli, Melon 1% Milk or NF Chocolate

17

Turkey/Cheese Sandwich w/ Lettuce & Tomato, Cucumbers, banana, 1% Milk or NF Chocolate

24

Chef Salad, Whole Grain Roll, cucumber, Melon 1% Milk or NF Chocolate

### WEDNESDAY

4

Ham/Cheese Sandwich w/ Lettuce & Tomato, Carrots, Oranges, 1% Milk or NF Chocolate

11

Fish sticks  
 Baked beans, wheat roll, oranges, 1% Milk or NF Chocolate

18

Chicken Teriyaki  
 Rice, Broccoli, Bell Peppers, Pineapple 1% Milk or NF Chocolate

25

Transport Day  
 Chicken Nuggets, Rice Pilaf, Broccoli, Green Salad, Apples, 1% Milk or NF Chocolate

### THURSDAY

5

Transport Day  
 Chicken Teriyaki Rice Baked beans, Bell Peppers, Pineapple, 1% Milk or NF Chocolate

12

Chips and Salsa Cheese Cup, celery, Apple Slices, Nut Butter Dip 1% Milk or NF Chocolate

19

Ham, lettuce, tomato & American Cheese Wrap, Carrots, oranges, 1% Milk or NF Chocolate

26

Turkey/Cheese Sandwich w/ Lettuce & Tomato, Celery, orange 1% Milk or NF Chocolate

### FRIDAY

6

Soft Pretzel w/ Honey Mustard, Cheese Cup Apples, Nut Butter Dip Celery Sticks, Carrots, 1% Milk or NF Chocolate

13

PB&J sandwich, Carrot sticks, Fruit cup, raisins 1% Milk or NF Chocolate

20

Soft Pretzel w/ Honey Mustard, Cheese Cup Apples, Nut Butter Dip, Celery Sticks, Carrots, 1% Milk or NF Chocolate

27

PB&J sandwich, Carrot sticks, Fruit cup, raisins 1% Milk or NF Chocolate

