

# Breakfast Menu May 2024

<u>MONDAY</u> Breakfast	<u>TUESDAY</u> Breakfast	<u>WEDNESDAY</u> Breakfast	<u>THURSDAY</u> Breakfast	<u>FRIDAY</u> Breakfast
4/29 <u>Transport Day</u> 10 Benefit Bar 4 oz cup of yogurt ½ cup sugar peas ½ cup blueberries 1% White Milk or Juice	4/30 3 oz French toast String cheese ½ cup Apple ½ cup baby carrot 1% White Milk or Juice	5/1 <u>Transport Day</u> 2 oz. Muffin ½ cup cherry tom ½ cup oranges 1% White Milk or Juice	5/2 2 oz. Bagel 1 oz. Cream Cheese ½ cup applesauce ½ cup bell peppers 1% White Milk or Juice	5/3 1.42 oz. Cereal Bar ½ Cup peaches ½ cup baby carrots or veggie juice 1% White Milk or Juice
6 <u>Transport Day</u> 2 oz. Muffin ½ cup Fresh Fruit ½ cup cherry tom 1% White Milk or Juice	7 2 oz. Granola 4 oz. Cup of Yogurt ½ cup banana 1% White Milk or Juice	8 <u>Transport Day</u> egg and cheese burrito salsa cup ½ cup orange sugar snap 1% White Milk or Juice	9 2 oz. Bagel 1 oz. Cream Cheese ½ cup Fruit ½ cup bell peppers 1% White Milk or Juice	10 cereal WG toast and boiled egg ½ cup banana ½ cup sugar snap 1% White Milk or Juice
13 <u>Transport Day</u> 2 oz. Granola 4 oz. Cup of Yogurt ½ cup Fresh Fruit 1% White Milk or Juice	14 3 oz French toast String cheese ½ cup Apple ½ cup baby carrot 1% White Milk or Juice	15 <u>Transport Day</u> 2 oz. Bagel 1 oz. Cream Cheese ½ cup Fruit ½ cup sugar snap 1% White Milk or Juice	16 1.42 oz. Cereal Bar ½ Cup Fruit ½ cup bell peppers 1% White Milk or Juice	17 2 oz. Muffin ½ cup Fresh Fruit ½ cup cherry tom 1% White Milk or Juice
20 <u>Transport Day</u> 2 oz. Bagel 1 oz. Cream Cheese ½ cup orange 1% White Milk or Juice	21 2 oz. Muffin ½ cup apple ½ cup cherry tom 1% White Milk or Juice	22 egg and cheese burrito salsa cup ½ cup orange ½ cup sugar snap 1% White Milk or Juice	23 2 oz. Granola 4 oz. Cup of Yogurt ½ cup strawberries 1% White Milk or Juice	24 cereal WG toast and boiled egg ½ cup banana ½ cup sugar snap 1% White Milk or Juice
27 <u>Memorial Day</u>	28 <u>Transport Day</u> 2.1 oz. Cereal Cup ½ cup apple ½ cup sugar snap 1% White Milk or Juice	29 2 oz. Granola 4 oz. Cup of Yogurt ½ cup Fresh Fruit 1% White Milk or Juice	30 <u>Transport Day</u> 2 oz. Bagel 1 oz. Cream Cheese ½ cup applesauce 1% White Milk or Juice	31 2 oz. Muffin ½ cup Fresh Fruit ½ cup cherry tom 1% White Milk or Juice

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Fresh fruit, boiled egg, string cheese or yogurt available daily. Menu Subject to Change.

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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
4/29 Transport Day Chicken Teriyaki Rice Broccoli Bell Peppers Pineapple Juice, Water, 1% Milk or NF Chocolate	4/30 Deli sandwich w/ lettuce, tomato & pickle, cucumber slices, sun chips, strawberries Juice, Water, 1% Milk or NF Chocolate	5/1 Transport Day Chicken Nuggets, Rice Pilaf Broccoli, Green Salad Applesauce Juice, Water, 1% Milk or NF Chocolate	5/2 Chicken salad Sandwich w/Lettuce & Tomato Cucumber coins Orange Wedges Juice, Water, 1% Milk or NF Chocolate	5/3 Ham & American Cheese Wrap, carrots fruit cup Raisins Fruit Juice, V8, Water, 1% Milk or NF Chocolate
6 Transport Day Cheeseburger w/lettuce, tomato & Pickles Oven Fries Peaches Juice, Water, 1% Milk or NF Chocolate	7 Turkey & Cheese Sandwich w/lettuce, tomato & Pickles Carrot Sticks Raisins Juice, Water, 1% Milk or NF Chocolate	8 Transport Day Chicken Teriyaki Rice Broccoli Bell Peppers Pineapple Juice, Water, 1% Milk or NF Chocolate	9 Chips and Salsa Cheese Cup Celery sticks Apple Slices Nut Butter Dip Juice, Water, 1% Milk or NF Chocolate	10 PB&J sandwich, Carrot sticks, Celery, Orange Juice, Water, 1% Milk or NF Chocolate
13 Transport Day BBQ Chicken Sandwich Black Beans Oven Potatoes Applesauce Juice, Water, 1% Milk or NF Chocolate	14 Chef Salad, Whole Grain Roll Sunflower Seeds Melon Juice, Water, 1% Milk or NF Chocolate	15 Transport Day Alfredo, Salad Broccoli, Bread stick or roll, Peaches Juice, Water, 1% Milk or NF Chocolate	16 Chicken salad Sandwich Cucumber coins w/Lettuce & Tomato Orange Wedges Juice, Water, 1% Milk or NF Chocolate	17 Soft Pretzel w/ Honey Mustard Cheese Cup Apples Nut Butter Dip Celery Sticks, Juice, Water, 1% Milk or NF Chocolate
20 Transport Day Chicken Sandwich Lettuce & Tomato Oven Potatoes Orange Milk	21 Chef Salad, Whole Grain Roll Sunflower Seeds Melon Milk	22 Transport Day Chicken Nuggets, Rice Pilaf Broccoli, Green Salad Strawberries Milk	23 Turkey & Cheese Sandwich w/lettuce, tomato & Pickles Carrot Sticks Apple Milk	24 Pizza Pocket marinara cup String Cheese Celery Sticks Banana Milk
27  Memorial day	28 Transport Day Chili Cheese Dog Cucumbers, V-8 Juice, Apples Juice, Water, 1% Milk or NF Chocolate	29 Chips and Salsa Cheese Cup Celery sticks Apple Slices Nut Butter Dip Juice, Water, 1% Milk or NF Chocolate	30 Transport Day Taco Meat, Tortillas w/ Lettuce, Tomato & Salsa, refried Beans Applesauce Juice, Water, 1% Milk or NF Chocolate	31 PB&J sandwich, Carrot sticks, cherry toms, Orange Juice, Water, 1% Milk or NF Chocolate

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\*Available fruits and vegetables daily

\*Menu subject to change

\*Snack and supper provided daily

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